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EXAMPLE Finding Exact Values Using Half-angle Formulas
If
$$\cos \alpha = -\frac{1}{5} \cdot \frac{\pi}{2} < \alpha < \pi$$
, find the exact value of:
 $C_{\cdot} \sin \frac{\alpha}{2} = -\frac{1}{2} \sqrt{\frac{1-\cos \alpha}{2}} = -\sqrt{\frac{1+\frac{1}{5}}{2}} = -\sqrt{\frac{5+1}{5}}$
 $= \sqrt{\frac{1}{50}}$
 $= \sqrt{\frac{1}{5}}$
 $= \sqrt{\frac{1}{50}}$
 $= \sqrt{\frac{1}{50}}$