# Midsegments of Triangles 

Content Standards
G.C0.10 Prove theorems about triangles the segment joining the midpoints of two sides of a triangle is parallel to the third side and half the length
Also G.C0. 12 and G.SRT. 5

Objective To use properties of midsegments to solve problems

A midsegment of a triangle is a segment connecting the midpoints of two sides of the triangle.

## Theorem 5-1 Triangle Midsegment Theorem

Theorem
If a segment joins the midpoints of two sides of a triangle, then the segment is parallel to the third side and is half as long.

If...
$D$ is the midpoint of $\overline{C A}$ and
$E$ is the midpoint of $\overline{C B}$


Then...
$\overline{D E} \| \overline{A B}$ and
$D E=\frac{1}{2} A B$

Got It? 1. a. In $\triangle X Y Z, A$ is the midpoint of $\overline{X Y}, B$ is the midpoint of $\overline{Y Z}$, and $C$ is the midpoint of $\overline{Z X}$. What are the three pairs of parallel segments?

b. Reasoning What is $m \angle V U O$ in the figure at the right? Explain your reasoning.


Got It? 2. In the figure at the right, $A D=6$ and $D E=7.5$. What are the lengths of $\overline{D C}, \overline{A C}, \overline{E F}$, and $\overline{A B}$ ?


Got It? 3. $\overline{C D}$ is a bridge being built over a lake, as shown in the figure at the right. What is the length of the bridge?


